



LESSON 2

REFERENCES: LUKE 8:22-25; MARK 4:35-41; *THE DESIRE OF AGES*, PP. 333-336.

A Big Storm

*Have you ever been really, really scared?
Maybe a big dog came near you, or you
couldn't find your mother in a store.
Everyone feels afraid once in a while.
Who helps you feel safe?*

Jesus had been telling stories and helping people all day. Sad people felt

happy again. Sick people were well again.

The people really wanted to stay with Jesus, but it was getting late. Slowly, slowly they began to leave.

Memory Verse

“The Lord is with me; I will not be afraid.”
PSALM 118:6, NIV.

The Message

We can help others be safe.



It had been a busy day, and everyone was tired. Jesus and His disciples climbed into a boat. “Let’s go across to the other side of the lake,” He said. “We can rest there.”

A soft wind gently pushed the boat. The waves made the boat go up and down, up and down. Jesus yawned and leaned back against a pile of fishing nets. And He went right to sleep!

The sun went down, and soon it was dark. The disciples liked to be out in a boat at night. They liked the cool wind. They liked to talk together as the boat sailed across the water.

All of a sudden the wind started to blow harder. It was a strong, cold, stormy wind! The stormy wind made BIG waves that splashed into the boat. The wind blew harder and harder! It was hard to steer the boat.

The disciples were afraid! They knew that the storm could make their boat tip over! Lightning flashed and they saw Jesus sleeping. “Jesus! Jesus! Save us!” they cried.

Jesus sat up. He felt the waves splashing into the boat. He saw the frightened disciples. He stood up and said, “Peace, be still!” And right away the strong wind stopped blowing. The waves didn’t splash into the boat anymore. The night was quiet and still.

“Why were you afraid?” Jesus asked His disciples. “You do not need to be afraid. I am with you!”

The disciples knew they were safe because Jesus was with them.

When you feel afraid, you too can say, “Jesus, please help me!” just as the disciples did.

Sometime you might see someone else who is afraid. You can help them say, “Jesus, please help me!” Or maybe you could get a grown-up to help. You can tell others that Jesus will be with them. He will help them too.



Do and Say

SABBATH

Take a walk with your child near a place where you will see boats. Talk about how sharing the picture made in Sabbath School of Jesus and the disciples after the storm can help someone else feel safe. Encourage your child to share it with someone.

Each day this week review the memory verse. (See page 60.)

SUNDAY

Help your child make a seven-day calendar with the name of each weekday. Help your child name and count the days of the week. Each day add a weather symbol for that day (sun, cloud, raindrops, etc.).

MONDAY

Teach your child a happy song (“Jesus Loves Me,” “God Is So Good,” etc.) that can be sung when he or she is afraid. Sing it together, then thank Jesus for caring about your family at all times.

TUESDAY

Ask your child what makes them scared. Read aloud Mark 4:35-39 to remind them about Jesus

and the big storm. Thank Jesus for keeping your family safe.

WEDNESDAY

Punch holes in a large plastic bottle. Take it outside, fill it with water, and let your child hold it to let the “rain” fall.

Talk about rain and how it helps things grow. Thank Jesus for the rain.



THURSDAY

Using a toy boat or other small object that floats, tell your child this week’s Bible story at the kitchen sink or by the bathtub. Make waves, blow on the water, and sprinkle water from

a cup to simulate a storm. Talk about how Jesus kept the disciples safe and how He keeps us safe too.

FRIDAY

Read together Luke 8:22-25 and act out the Bible story during family worship. Show the calendar made on Sunday. Help your child name and count the days.

Sing weather songs and thank God for taking care of your family every day.

