



## LESSON 4

REFERENCES: JOHN 21:1-14; *THE DESIRE OF AGES*, PP. 809-817.

# Breakfast With Jesus

*Do you like surprises? A present? To go someplace special with your family? A sweet treat? Everyone likes surprises! In our story today Jesus gave His disciples two surprises!*

**S**tars twinkled in the cool night sky. The little waves made splashing sounds on the sand. Some of the disciples walked beside the Sea of Galilee. Peter said to his friends, “Let’s go fishing tonight!”

The other disciples agreed. Soon the men were out in a fishing boat again. It was fun

to talk together about Jesus’ stories and miracles. It made the time go quickly. But the fish weren’t swimming into their nets. All night long the men kept talking and trying to catch fish.

A little morning light began to show in the sky, and they still didn’t have any fish! They were tired and hungry. So they decided to quit trying and go to shore.

### Memory Verse

“[Jesus said,] ‘You should do as I have done for you.’”  
JOHN 13:15, NIV.

### The Message

We help others because we want to be like Jesus.





As they neared the shore a man called out to them. "Have you caught any fish?"

"No, not one," they shouted back.

Then the man said, "Try again. Throw your nets on the right side of the boat!"

Something about that man made them want to try again. So they did as he suggested. And before they knew what was happening, the net filled up with fish!

Suddenly John recognized the man on the shore. He said to Peter, "Look! It's Jesus!" Peter was so happy! He didn't even care about all those fish now! He jumped into the water and hurried to the shore. He wanted to be near Jesus.

Pulling in the full nets was hard work. The men pulled and tugged until the full nets were on the shore. So many fish!

Jesus smiled as He watched His friends. It was fun to surprise them!

Jesus had another surprise for the disciples. A nice warm breakfast! He knew they would be tired and hungry after fishing all night. "Come and have breakfast," He invited. And they talked and laughed while they ate breakfast together.

Jesus did a big thing when He filled the disciples' nets full of fish. And He did a little thing when He made breakfast for them.

It doesn't matter if you help in a big way or in a little way. Jesus wants you to watch for ways that you can help others. When you serve others, you are being like Jesus.

What will you do to help someone today?



# Do and Say

## SABBATH

If possible, take your child to a place where people are fishing and read the lesson story. Talk about the way people fish today. Review the memory verse. Thank Jesus for the breakfast you had this morning.

## SUNDAY

Review the lesson story. Make a chart that lists things your child can do to help at home. When he or she helps, help your child draw a happy face on the chart. Remember to thank your child.

## MONDAY

Retell the Bible story. Make a pretend boat. Half-fill a plastic bottle with water and drop in beans or other dry items. Put the lid on, turn it sideways, and watch the “fish” swim. Open the lid and use a strainer to “catch” the fish. Thank Jesus for water.

## TUESDAY

For worship, read the Bible story from John 21:1-14. Ask: Who was happy to see Jesus? What did Jesus do to help His disciple friends? Let your child plan tomorrow’s breakfast for your family. Sing a helping song together before prayer.

## WEDNESDAY

Let your child help prepare the breakfast you planned together yesterday. Sing a helping song as you work. Have him or her thank Jesus for the food before you eat. Share the cleaning-up chores after breakfast.

## THURSDAY

Help your child make an edible boat,\* using one half of a piece of fruit (apple, orange, or banana). Use other food for the mast (carrot stick, celery stick, etc.) and the sail (bread triangle, piece of cheese, leafy vegetable). Have the “boat” for lunch.



## FRIDAY

During family worship, review Sunday’s “good helper” chart. Talk about the different ways your child was helpful during the week. Ask your child: “Why were you so helpful this week?”

If appropriate, help your child make edible boats for your family.

\*Adapted from *Preschool Craft-Play* (Loveland, Colo.: Group Publishing, 1996), p. 92.

