



1

Community

We reflect God's love in our relationships.

POWER TEXT

"All of them were filled with the Holy Spirit" (Acts 2:4).

KEY REFERENCES

- John 14:15-17
- Matthew 3; Matthew 4:1-10
- Acts 2:1-12
- *The Desire of Ages*, chap. 12, 13, pp. 114-131
- *The Acts of the Apostles*, chap. 5, pp. 47-56
- *The Bible Story* (1994), vol. 9, pp. 187-192; vol. 10, pp. 9-16
- student story on page 22 of this guide

OUR BELIEFS

- No. 5, The Holy Spirit
- No. 17, Spiritual Gifts and Ministries
- No. 9, The Life, Death, and Resurrection of Christ

OBJECTIVES

The students will:

- **Know** that the Holy Spirit was sent after Jesus' resurrection to be our Helper.
- **Feel** grateful for the gifts of grace the Spirit brings to us.
- **Respond** by becoming more conscious of the Spirit's guidance in their lives.

Always There



**God sends
the Holy Spirit
to help us.**

The Bible Lesson at a Glance

Jesus experiences the blessing of the Holy Spirit working in His life. Before His death Jesus tries to explain to His disciples about the Holy Spirit and how the Spirit can help them, but they are unable to understand. The full blessing of the Spirit comes to the disciples at Pentecost. The Spirit transforms them from a crowd of fearful people into a fearless group who are able to do great things for God.

This is a lesson about grace in action.

It is the Holy Spirit who imparts the enabling grace that makes it possible for us to have faith in Christ's sacrifice for us, to worship Him, to live in harmony with fellow believers, and to serve the needs of a sin-spoiled world.

Teacher Enrichment

"The promise of the Holy Spirit is not limited to any age or any race. Christ declared that the divine influence of His Spirit was to be with His followers unto the end. From the Day of Pentecost to the present time, the Comforter has been sent to all who have yielded themselves fully to the Lord and to His service. To all who have accepted Christ as a personal Savior, the Holy Spirit has come as a counselor, sanctifier, guide, and witness. The more closely believers have walked with God, the more clearly and powerfully have they testified of their Redeemer's love and of His saving grace. The men and women who through the long centuries of persecution and trial enjoyed a large measure of the presence of the Spirit in their lives have stood as signs and wonders in the world. Before angels and men they have revealed the transforming power of redeeming love" (*The Acts of the Apostles*, p. 49).

What evidence do I have that the Holy Spirit is guiding my life? How can I open myself to the transforming power of the Holy Spirit? In what areas of my life do I need the Holy Spirit's transforming power?

Welcome

Welcome students at the door and direct them to their seats. Ask them how their week has been. Encourage learners to study their Sabbath School lesson regularly, and use several minutes to debrief students on the previous week's lesson.

Ask: **What was the most interesting part of the Bible story? What activity did you find the most helpful? Which activity was the most fun?** Invite students to share their experiences and/or the handiworks they created for Sabbath School during the week.

(The leader should be familiar with the previous lesson to be able to direct the discussion.) This is also a good time to have students recite the power text.

Have students begin the readiness activity of your choice. >>

Program notes

LESSON SECTION	MINUTES	ACTIVITIES	MATERIALS NEEDED
Welcome	Ongoing	Greet students at door. Ask about their week.	
1 Readiness	10-15	A. <i>Transformed</i>	1 cup of water, 1 cup of vinegar, 1 teaspoon of salt, several coins (pennies)
		B. <i>Invisible Helper</i>	empty glass, 1/4 cup of oil, 1/4 cup of water
* Prayer and Praise	15-20	See page 17. Prayer and Praise may be used at any time during the program.	songbooks, offering plate/basket, world map, pushpins, letters to parents (p. 144)
2 Bible Lesson	15-20	Introducing the Bible Story	paper person (p. 145) for every two or three students, white/chalkboard, markers/chalk
		Experiencing the Story	Bibles
		Exploring the Bible	Bibles
3 Applying the Lesson	10-15	<i>Fruit Salad</i>	nine pieces of fruit, knife, large bowl, small slips of paper, toothpicks or skewers (optional: a cup and spoon for each student)
4 Sharing the Lesson	10-15	<i>Fruit of the Spirit</i>	paper, art supplies, and/or one piece of fruit per student
* Closing		A. Prayer and Closing Comments B. Reminder to Parents C. Coming Up Next Week	

LESSON 1

1

READINESS ACTIVITIES

Select the activity or activities that are most appropriate for your situation.

A

Transformed

Conduct the experiment prior to class in order to have the results ready to show to the class.

Invite students to the front of the class and show them a few old pennies. Have two cups ready for the experiment. Fill the first cup halfway with water and the other one with vinegar. Also add a teaspoon of salt to the cup with vinegar.

Say: **Today we are going to do an experiment to see if water or vinegar and salt can change the look of old and dirty coins.** After showing the students how dull and old the coins are, place a few of them in the cup with water and a few in the cup with vinegar. **We need to leave these coins in these liquids for 15 minutes to see if anything changes.** (Put aside the experiment you have just begun, and take out the cup with the coins soaked in water and the cup with coins soaked in vinegar you have prepared prior to class.)

Say: **Before class I began the same experiment. These coins were very dark and old looking just like the ones we placed in the other two cups a few moments ago.**

Ask: **Can you see any difference? Can you see which cup is which?** (Allow the students to smell the liquids.)

Say: **Let's see what has happened.** Take out the coins individually and wipe them with a dry cloth. Pass around the coins taken from the cup with water. Then pass around the coins taken out from the cup with vinegar. (The coins that were in water will be still dirty, but the coins that were in vinegar and salt will look shiny and clean.)

Debriefing

Ask: **What has happened to the coins? How do they look?** (The coins that were in vinegar look clean.)

Say: **The coins in the vinegar have been changed. They regained their luster and are clean now. In our lesson today we are going to learn about the Holy Spirit. He can clean and change our lives.**

Adapted from: *Tips for Cleaning Coins: How to Clean the Old, Dirty Coins in Your Collection.* Retrieved 8/1/2013 from http://coins.thefuntimesguide.com/2008/01/how_to_clean_coins.php

Our power point is:

 **God sends the Holy Spirit to help us.**

YOU NEED:

- 1 cup of water
- 1 cup of vinegar
- 1 teaspoon of salt
- several coins (pennies)

B

Invisible Helper

Invite students to the front of the class.

Say: **Today we will conduct an experiment with water and oil.** (Mix together a quarter cup of oil and a quarter cup of water.) **Let's observe what happens as we mix together these ingredients.**

Debriefing

Ask: **What did you observe?** (The oil rises to the top and does not mix with the water.) **What kept the oil from sinking to the bottom of the cup or mixing with water?** (The oil has a lower density than water, so it rises above the surface of the water.)

Say: **As the layer of oil in our experiment acted as a cover on top of the water so the Holy Spirit covers us with His presence. He helps us understand God's Word, guides, directs, comforts, and protects us. As the water in our experiment was covered by the layer of oil, so we can experience the Holy Spirit as a cover of protection in our lives.**

Our power point this week is:

 **God sends the Holy Spirit to help us.**

YOU NEED:

- empty glass
- ¼ cup of water
- ¼ cup of oil

Prayer and Praise

Notes

Fellowship

Report the students' joys and sorrows (pleased and troubled) as reported to you at the door (as appropriate). If they have given you permission, share one or two special items from students' Bible study during the week. Acknowledge any birthdays, special events, or achievements. Give a special, warm greeting to all visitors.

Suggested Songs

"Behold What Manner of Love" (*He Is Our Song*, no. 42)

"His Banner Over Me Is Love" (*He Is Our Song*, no. 86)

"I Want to Be Ready" (*He Is Our Song*, no. 151)

Mission

YOU NEED:

Use Adventist *Mission* for youth and adults (go to www.juniorpowerpoints.org and click on MISSION) or another mission report available to you. For the mission story, have a map of the world where the students can identify the location of the mission story and compare it to where they are. You could use pushpins to mark where the mission stories take place throughout the quarter.

- world map and push pins

Offering

YOU NEED:

At the beginning of the quarter, send a letter to the parents, informing them that an offering is taken up each week in Sabbath School. You will find a sample letter to parents on page 144 of this guide. You may want to have some extra money if you notice that a student never comes with an offering so that each one may contribute.

- offering plate/basket
- letters to parents

Prayer

Ask your students to think of something for which they would like to depend on Jesus. Lead the students in a sentence prayer thanking God for leading us to depend completely on Jesus. Encourage all students to take a turn and have prayer for their class.

*Prayer and Praise may be used at any time during the program.

2

BIBLE LESSON

Introducing the Bible Story

Divide the students into groups of two or three. Give each group an outline of a paper person (see p. 145). Say: **On the person I would like you to write**

as many words as you can to describe the qualities you look for in a friend. What would your ideal friend be like?

When they have completed this, invite them to share the qualities they have. List them where all can see.

Say: **Jesus promised to all those who follow Him that they would receive a Friend who would be the best friend they could ever have. Let's discover how many of these qualities the Holy Spirit has.**

Accommodations for students with special needs:

Allow students with disabilities to work with a partner who can assist with writing and spelling. Writing the fruits of the Holy Spirit on the board or a poster will help the students remember them. Optionally, you could post the fruits of the Spirit in the classroom for the entire duration of the quarter and review them from time to time.

YOU NEED:

- paper person (see p. 145) for every two or three students
- white/chalkboard
- markers/chalk

Experiencing the Story

Divide the students into three groups, each with a facilitator, if possible, and give each group one of the following sets of texts:

- John 14:15-17
- Matthew 3
- Matthew 4:1-10
- Acts 2:1-12.

Ask the students to think of a way to illustrate, dramatize, or read the verses to the rest of the group.

🔊 God sends the Holy Spirit to help us.

Accommodations for students with special needs:

Guide students to groups that would offer assistance in participation.

YOU NEED:

- Bibles

3

APPLYING THE LESSON

Exploring the Bible

YOU NEED:

- Bibles

Ask: **What did the Holy Spirit do at Creation?** Ask a volunteer to read Genesis 1:2 aloud.

Say: **Jesus promised that the Spirit would come in a special way after He went back to heaven. What did the Holy Spirit do in the Old Testament?** Have student volunteers find and read aloud the following texts and tell what the Holy Spirit did in each of them.

Exodus 31:3 (gave skill)

Deuteronomy 34:9 (gave wisdom)

Isaiah 32:15 (gave blessings)

Ezekiel 36:26-28 (renewed His people)

Ask: **What were the immediate results of the arrival of the Holy Spirit?** (Have the students find Acts 2:1-4. The gospel could be spread in different languages.) **Why do you think this was necessary?**

Say: **Peter and John were imprisoned. When they were released they prayed for the help of the Spirit. What was the result?** (Have the students find Acts 4:31. They had the courage to speak out for Jesus.)

Ask: **What is the result of the Holy Spirit in someone's life?** (Have the students find Galatians 5:22, 23, the fruit of the Spirit: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.)

Who joins with Jesus inviting people to get ready to go to heaven? (Have the students find Revelation 22:17—the Spirit [and the bride].)

Accommodations for students with special needs:

Use the Bibles with tabs so that students who don't know all the books of the Bible may become independent in finding them.

Fruit Salad

YOU NEED:

- nine pieces of fruit
- knife
- large bowl
- small slips of paper
- toothpicks OR skewers
- cup and spoon for each student (optional)

Have nine different types of fruit or at least nine pieces. Label each piece by writing one fruit of the Spirit (see Galatians 5:22, 23) on each slip of paper, attaching it to a toothpick or skewer, and placing it on a piece of fruit. Ask the students to choose which fruit they would like to have in their lives. As they choose a fruit, let them add it to a fruit salad or place it on a tray. (Large groups: Have more than one set of fruit. Perhaps cube the fruit before class or allow the students to do it on the spot.)

When finished making the fruit salad, allow the students to eat it. (Be aware of any food allergies and adjust accordingly.)

Debriefing

Discuss each "fruit of the Spirit." Ask: **What difference would this fruit make in our lives? What effect would it have on those around us if they saw it demonstrated in our lives?** Ask: **Whom can we rely on to help us at all times?**

Say: **Repeat our power point with me:**

 **God sends the Holy Spirit to help us.**

4

SHARING THE LESSON

YOU NEED:

Fruit of the Spirit

Ask each student to think of someone they admire and the fruit of the Spirit that person displays. Have each student make a card thanking that person for demonstrating that particular fruit of the Spirit. Give each student a piece of fruit to share with that person.

- paper
- art supplies
- AND/OR
- one piece of fruit per student

Debriefing

Divide the students into groups of two or three and let them tell to whom they will give their fruit and why.

Ask: **Whom does God send to help us in every circumstance?**

Say: **Let's say it together:**

 **God sends the Holy Spirit to help us.**



Closing

Prayer and closing comments:

Say: **Jesus sent the Holy Spirit to bless the lives of His disciples and those who came after them. The Holy Spirit is ready to help us in whatever situation we find ourselves. We never need to feel lonely, and we have an ever-present Helper.**

Pray that your students will receive the Holy Spirit into their lives every day.

Reminder to parents:

Say: **Check out the student Bible study guide to find Parents' Pages for your use in family worship, or however you wish to use them to spiritually guide your children. You may listen to the podcast of the lesson online at www.juniorpowerpoints.org/podcast.php?channel=1.**

Coming up next week:

Say: **Paul decides to preach to the Gentiles. God wants us to accept all people.**

Notes

Student lesson

Always There

Have you ever felt lonely? Have you ever wished you had someone with you when you had to face difficult circumstances? While on earth Jesus had a Friend and Helper like that, and the same Friend and Helper wants to be part of your life as well. Some events from Jesus' life help us better understand His close connection with the Holy Spirit.

At the beginning of His ministry, as He worked in the carpenter shop, Jesus heard the news about the preacher by the Jordan River. Listening to the reports, He knew that the preacher was the person sent to prepare the people for the good news of the gospel. Jesus put away His tools, said goodbye to His family, and headed for the Jordan.

Though the preacher was His cousin John, they had never met. Jesus at first stood quietly listening. John talked about the Messiah to come. He preached words of encouragement for sinners. He reserved harsh, severe words for the hypocrites, who had come to judge his work. Jesus watched as John baptized the repentant.

Then Jesus insisted on being baptized too. Although John protested, he fulfilled Jesus' request. John had been praying for a sign to know the Messiah when He came. As Jesus came out of the water and up onto the bank, the sky opened, and God sent the Holy Spirit in the form of a dove to rest on Jesus. John accepted it as the sign he had been waiting for.

After Jesus' baptism, the Spirit impressed Him to spend time alone talking with His Father and to gain a deeper understanding of His mission on earth. For the next 40 days Jesus fasted and communed with God. At the end Satan came to Him and tempted Him three times. Each time Jesus was able to overcome the temptation with words from Scripture that the Holy Spirit helped Him to recall (see Matthew 4:4, 7, 10).

In Gethsemane

Jesus knew that He had come to the end of His work on earth. In a few hours He would be taken away by force, betrayed by one of His disciples. He would be tried as a common criminal and put to death by the Romans in the most publicly humiliating way of that time. This was what He had come to earth to do, so He wasn't concerned for Himself. He was concerned about the 12 disciples who had been with Him for the past three years. He knew that they wouldn't understand what was going to happen. He had tried so often to tell them, but they weren't able to grasp that He was not going to be an earthly king.

Jesus asked His Father to send the Holy Spirit to earth after His return to heaven. The Holy Spirit would comfort, enlighten, and guide not only Jesus' disciples, but also all believers until Jesus returned to the earth at the end of the world.

• • •

Jesus could hardly wait to tell His disciples the good news about the Holy Spirit, every believer's best friend. He thought about how God's Spirit would comfort and guide them. Unlike Jesus, the Holy Spirit would never have to leave them.

In Heaven

Forty days after His ascension into heaven Jesus decided it was time to keep His promise to His disciples.

On Earth

The disciples were all gathered in the upper room praying, praising, and confessing their sins. Jesus sent the Holy Spirit in the form of a rushing wind that swept through the room and settled as tongues of fire on each person's head.

The disciples were immediately energized. Their fear left them. Their understanding increased. They poured into the streets praising God and preaching the gospel. Pilgrims gathered from all over the world for the Feast of Harvest. As they stopped to listen to the disciples' speech, each of them heard the good news in their own language. The disciples healed the sick, cast out demons, and performed other miracles in the name of Jesus and through the power of the Holy Spirit.

Epilogue

Jesus promised to send the same Spirit to us today. All we have to do is ask.

KEY REFERENCES

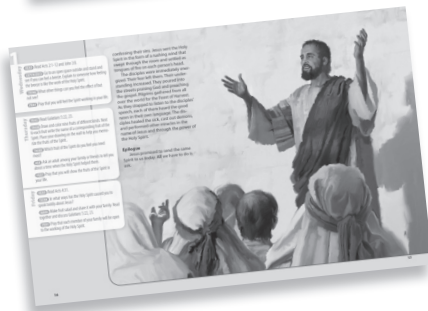
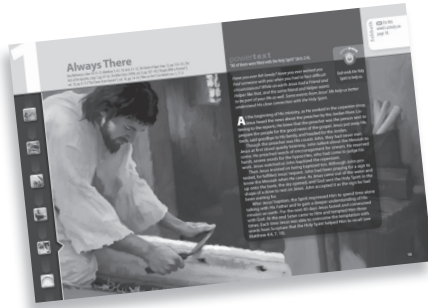
- John 14:15-17
- Matthew 3; Matthew 4:1-10
- Acts 2:1-12
- *The Desire of Ages*, chap. 12, 13, pp. 114-131
- *The Acts of the Apostles*, chap. 5, pp. 47-56
- *The Bible Story* (1994), vol. 9, pp. 187-192 (“Angels With a Promise”); vol. 10, pp. 9-13 (“The Flame From Heaven”); vol. 10, pp. 14-16 (“Men on Fire”)
- *Our Beliefs*, nos. 5, 17, 9

POWER TEXT

“All of them were filled with the Holy Spirit” (Acts 2:4).

POWER POINT

God sends the Holy Spirit to help us.



Sabbath

DO Do this week's activity on page 18.

Sunday

READ Read Acts 2:4 and this week's story, "Always There."

WRITE In your Bible study journal, write the qualities you think are important in a friend.

LEARN Begin to learn the power text, Acts 2:4.

PRAY Ask Jesus to send the Holy Spirit to be your friend.

Monday

READ Read John 14:15-17.

THINK What presents would you like to give your friends if you were going away?

WRITE In your Bible study journal,* write a sentence about how we show that we love Jesus (see verse 15). Then write about Jesus' farewell gift to His friends (see verses 16, 17).

PRAY Pray for your friends today.

Tuesday

READ Read Matthew 3; Matthew 4:1-10.

THINK Think about times the Holy Spirit has helped you remember things or resist temptation.

MAKE Create a song, poem, or collage showing the ways the Holy Spirit can affect our lives.

PRAY Thank God for the Holy Spirit's help.

Wednesday

READ Read Acts 2:1-12 and John 3:8.

EXPERIENCE Go to an open space outside and stand and see if you can feel a breeze. Explain to someone how feeling the breeze is like the work of the Holy Spirit.

THINK What other things can you feel the effect of but not see?

PRAY Pray that you will feel the Spirit working in your life.

Thursday

READ Read Galatians 5:22, 23.

DRAW Draw and color nine fruits of different kinds. Next to each fruit write the name of a corresponding fruit of the Spirit. Place your drawing on the wall to help you memorize the fruits of the Spirit.

THINK Which fruit of the Spirit do you feel you need most?

ASK Ask an adult among your family or friends to tell you about a time when the Holy Spirit helped them.

PRAY Pray that you will show the fruits of the Spirit in your life.

Friday

READ Read Acts 4:31.

THINK In what ways has the Holy Spirit caused you to speak boldly about Jesus?

MAKE Make fruit salad and share it with your family. Read together and discuss Galatians 5:22, 23.

PRAY Pray that each member of your family will be open to the working of the Holy Spirit.