

REFERENCES: 1 KINGS 17:1-16; *PROPHETS AND KINGS*, PP. 119-131.

Food for Elijah

Memory Verse:

“My God will meet all your needs.” *PHILIPPIANS 4:19, NIV.*

The Message:

God takes care of our needs.

Parents:

By the end of the month you can help your child:

Know that God takes care of their needs.

Feel grateful that God looks after them.

Respond by praising God for His care.



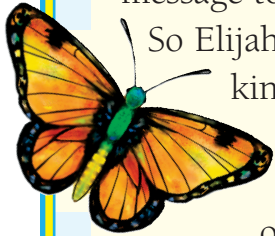
Mei Ling sees the baby bird. Mother bird brings food for the baby bird. A long time ago birds brought food to a man.

God told Elijah to take a message to King Ahab.

So Elijah told the king: "God says, 'No rain for one-two-three years!'" *(Count*

on your child's fingers.) King Ahab *(point to the king)* is angry at

God. He is angry at Elijah too. *(Point to Elijah.)* Elijah is God's friend. God will hide Elijah. Run, Elijah, run! The king is looking for you. *(Shade your eyes; look around.)* Run and hide, Elijah. *(Run with child around the table.)*









Where is
Elijah? (*Child
points to Elijah.*) Hiding,
hiding. Elijah is hiding
from mean King Ahab.
(*Together, hide behind
a chair and finish
reading this page.*)

The king cannot
see Elijah. Nobody
can see God's friend.
(*Shade eyes, look
around.*) But God can
see Elijah. God takes
good care of
His friend.
(*Clap.*)



Shh! (*Finger to lips. Whisper.*)

Listen, listen. What does Elijah hear?

Elijah hears the water. (*Point to the water.*) Elijah hears wind in the trees.

And God hears Elijah pray. (*Clasp hands in prayer.*) Rest, Elijah, rest. Rest by the water.









Drinking,
drinking.

(Pretend to drink.)

Elijah has lots of
water. But where is
Elijah's food? *(Point
to Elijah and the bare
rocks around him.)*

There is no food
for Elijah. No bread.
No rice. No potatoes.



See the big, black birds. They fly in the sky. (*Pretend to fly.*) Big, black birds bring food for Elijah. They bring bread. (*Pretend to eat.*) Yum-yum-yum! The birds brought bread for Elijah to eat. (*Clasp hands in prayer.*) “Thank You for the bread. Thank You, God, for sending the big, black birds.”









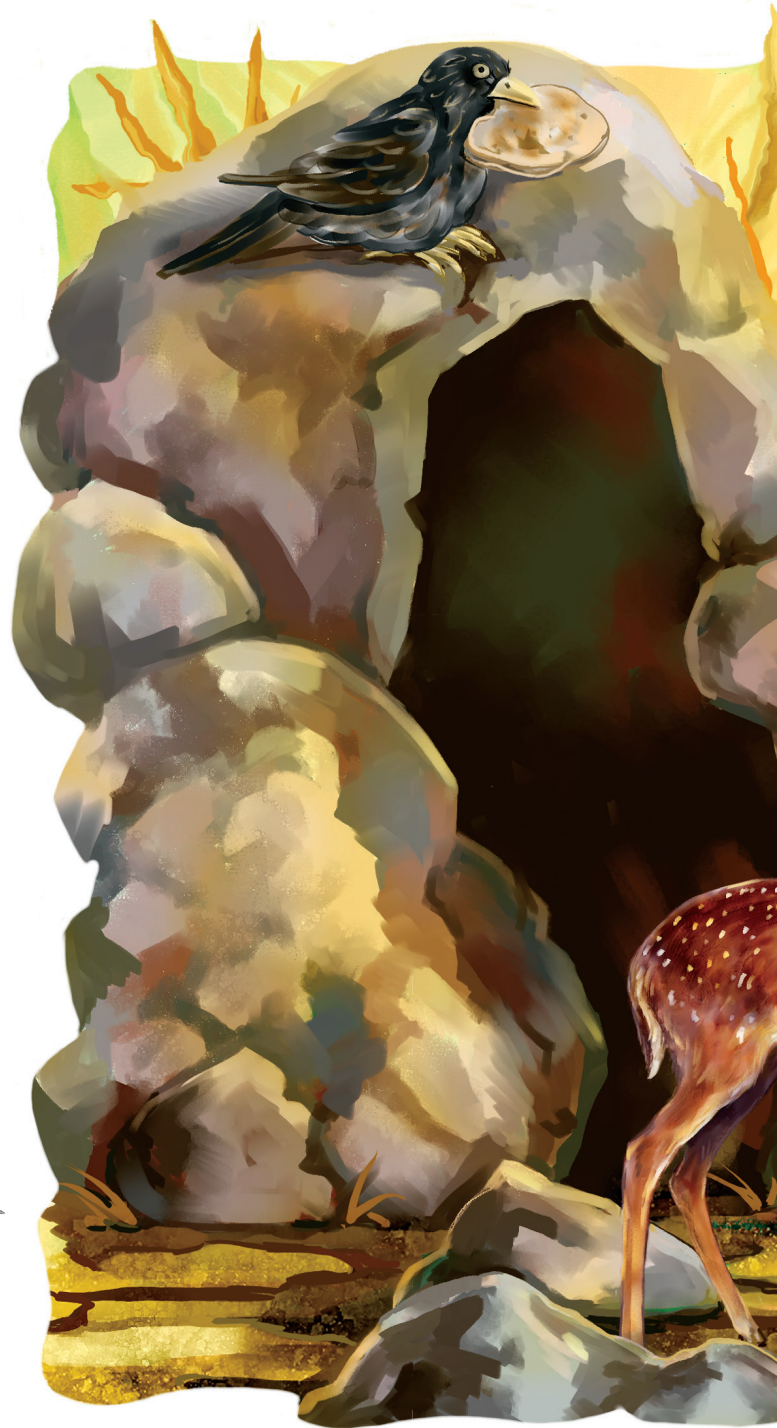
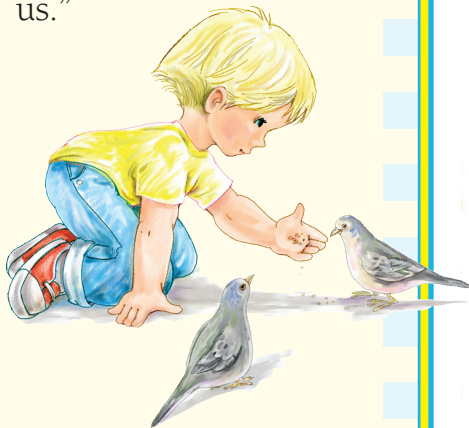
It is time to sleep. Elijah kneels and talks to God. (*Kneel and close eyes.*) “Thank You, God, for this safe place. Thank You for the water. Thank You for the big, black birds and for the food. Thank You for loving me. Amen.” (*Hug your child.*)



Every morning
and every night
big birds fly to Elijah.
(Pretend to fly.) Big
birds bring him bread.

For one-two-three
years there is no rain.
*(Count on your child's
fingers.)* The trees dry
up. *(Point to a dry leaf.)*
The water dries up.
*(Try to drink from an
empty glass.)*

But God takes good
care of Elijah. "Thank
You, Jesus. You love
Elijah, and You love
us."





Do & Say

Play a hiding game such as Elijah hiding from King Ahab. Sing a song of thanks to Jesus for taking care of your family.

Help your child say a thank-You prayer to God for your family.

Sprinkle water on your child while he or she is in the bathtub. Talk about how God sends the rain. Thank God for the rain.

Study these suggestions for something to do each day with your child. Select those that are appropriate for your child's developmental stage and repeat them often.



Look at pictures of birds in a book; find a raven. Thank Jesus for the birds we enjoy.



Take a walk and name all the things that need water to grow. Thank Jesus for good water that makes things grow.

Find a picture of an angel and talk about how angels watch over us. Tell your child about his or her guardian angel.

Look at pictures of firefighters, police officers, etc., and talk about how they keep us safe.

Drink a glass of water and talk about how good it is for your body.



Ask your child to pretend to do things such as run, sleep, eat, etc. While they do, ask, "Is God taking care of you?" Then say, "Yes, God is taking care of you."

Pretend you are birds and fly to each other with a cracker in your "beak." Thank Jesus for your food.

Visit a brook or stream and talk about how Elijah lived by a brook.



Notice all the different kinds of bread at the grocery store. Let your child pick a favorite. Or let your child help you make bread.

Watch it rain. Go outside afterward and notice how the water soaks into the ground. Or let your child use an umbrella and walk in the rain.

Visit an aviary, pet store, or zoo to see different kinds of birds.

Let your child use a doll to pretend to be a mommy or daddy. Talk about and count the ways your child can show kindness at home.