



LESSON 10

REFERENCES: JOHN 13:1-17; LUKE 22:15-19; *THE DESIRE OF AGES*, PP. 642-661.

A Special Supper

We wash our hands before every meal and before we eat anything. A long time ago Jesus helped His friends wash before supper, but it wasn't their hands He was concerned about!

Peter," Jesus said quietly, "take John with you and go into the city. Look for a man carrying a jar of water, and ask him where we will eat the Passover supper this evening."



Peter and

John soon found the man Jesus had described. The man showed them a large upper room where everything was ready. Even a large jar of water and a basin and towel for washing their feet had been provided.

But something was missing! Usually a servant washed everyone's feet before this special meal. But there was no servant. Each of Jesus' helpers looked forward to having his feet washed. Dusty roads and warm weather had made their feet tired and dirty.

Soon Jesus and the rest of the disciples came and sat down at

Memory Verse

"[He] loved his own who were in the world."

JOHN 13:1, NIV.

The Message

We praise Jesus for showing us His love.

the table. Peter decided he wouldn't say anything about not having a servant. And the rest of Jesus' friends didn't mention it either. No one wanted to do the work of a servant.

Then Jesus stood up. Without saying a word, He took off His coat. He wrapped a towel around His waist and poured some water into the basin. Then Jesus began to wash His friends' feet. Quietly He moved from one to another.

Most of the disciples were embarrassed. They remained silent. They knew Jesus was the Son of God. They knew that they should be washing *His* feet! But no one moved to help.

When Jesus finished, He sat down. "Do you understand why I washed your feet?" He asked kindly. The disciples listened closely. "I am your Teacher," Jesus said. "I am your Lord. And I am giving you an example of how to treat other people. Serve others. Help people. Act as I do."

Jesus smiled as they nodded their heads. The disciples did understand. And they would always remember.

Then Jesus broke some bread into pieces and gave some to each of His friends. He took the grape juice and passed it to everyone. The bread and the grape juice represented Jesus' sacrifice for us. He told us to eat the bread and juice often so we will always remember how much God loves us.

Today when you see people washing each other's feet and eating and drinking the special bread and juice in church, it is to remember Jesus' unselfish life and death on the cross. He wanted His disciples to treat others with love as He did. And He wants us to treat others with love too.



Do and Say

SABBATH

Each day this week, read the lesson story together, and use the following motions to review the memory verse:

**“[He] Point upward.
loved. Fold arms across chest.
his own Point to others.
who were
in the world.”**
John 13:1 Palms together, then open.

SUNDAY

Help your child use the Loving “Towel” made in Sabbath School to share Jesus’ love with someone. (Or decorate a sheet of paper, and write on it the name of someone your child wants to share it with.) Help your child tell how Jesus showed His love to His disciples during their special supper.

MONDAY

As you bathe your child tonight, talk about why Jesus washed His friends’ feet. Tell your child how much you love them as you wash them. Thank Jesus for His love for your child and for your family.

TUESDAY

Give your child some grape juice and bread or crackers. Eat them together while you talk about what Jesus

said they represent (Jesus’ blood and body that He gave because He loves you and your child).

WEDNESDAY

Today, wear sandals such as those Jesus might have worn. Ask your child: “What are our roads made of? What would our feet look like if we walked on dirt roads as much as Jesus did?” Thank Jesus for comfortable shoes and for ways to keep clean.

THURSDAY

Help your child name and count five ways Jesus shows His love to your family. Sing “Jesus Loves Me” before prayer.

FRIDAY

Tonight, include juice and bread with supper while reclining around a low table. Talk with your child about how Jesus ate with His friends. Ask: “Do anyone’s feet (or hands) need washing? Why did Jesus wash His friends’ feet?”

Sing praise songs; then thank Jesus for His unselfish love. Ask Him to help your family serve others with love.

