

Safe in the Storm

Matthew 8:23-27; Mark 4:35-41; Luke 8:22-25; *The Desire of Ages*, pp. 333-337

Jamie and her parents were out on a lake in their canoe. Suddenly, dark, ugly clouds rolled in. It started to rain and the wind began to blow—HARD! The canoe rocked up and down on the rough waves. Thunder growled and lightning flashed. Jamie was really afraid. Her parents paddled as fast as they could to get to shore.

Jesus and His disciples were also caught in a storm on a lake. Let's read their story.

Jesus had been teaching and healing people all day long. It was evening now, and there were still many people who wanted to be near Him! He had been working long hours every day, and He was exhausted!

Across the lake it was so peaceful. The towns along the shore were quiet and small. Jesus thought it would be a nice place to go and relax. He turned to the crowd

of people. "We have had a good day. But it is time for rest," He said.

Turning to His disciples, Jesus asked, "Are you ready, friends?" They nodded and climbed into the boat. Jesus joined them.

As they pushed off, they noticed other fishing boats on the Sea of Galilee.

Jesus was so glad to be able to rest for awhile. He lay down in the back of the boat. The restful sound of the waves may have helped Jesus go to sleep. In the other boats, the people talked about the day, and enjoyed the pleasant evening.

Some of the disciples had been fishermen



The Message

God's grace calms my fears.

Memory Verse

*"Peace I leave with you;
my peace I give you. . . .
Do not be afraid"*

(John 14:27, NIV).

on this very lake. They loved to hear the night sounds and to feel the cool wind. But suddenly the wind changed direction as it sometimes does on the Sea of Galilee. The disciples looked at the sky. "Might be a storm," someone said. "That could be," another agreed. They braced themselves as the wind howled down from the mountains.

Storms often came up suddenly on the Sea of Galilee, and that is just what happened. Lightning flashed and thunder crashed. Huge waves soon began to splash into the boat. The disciples had to shout to hear one another.

The disciples knew all about sailing and fishing. They knew all about boats and storms. But they didn't know what to do now! They were more than afraid! They were terrified!! Then someone thought of Jesus. "Jesus! Jesus!" he shouted.

The disciples had been trying so hard to do everything that good fishermen do in a storm, that they had forgotten about Jesus. A flash of lightning cracked through the sky, and they all saw Jesus, still sleeping. Sleeping! "Wake up, Jesus! Save us! We're about to drown!" they yelled.

Jesus stood up in the rocking boat. He

saw the frightened faces of the disciples. They were wet and tired and helpless. Jesus lifted His hands. "Quiet!" He said. "Be still!" And right away, the storm just stopped. No more wind.

No more lightning. No more waves crashing in.

"Why were you afraid?" He asked the disciples. "Where is your faith?"

The storm had pushed many of the boats close together, and now every person in every boat just stared at Jesus! He

was not afraid! Not even a little bit! Everybody began to whisper about Jesus. "What kind of man is this? Even the wind and the waves obey Him!"

Today and forever Jesus is always with us! He knows what we need, and He will care for us wherever we go, whatever we do, if we will call on Him as the disciples did.





S A B B A T H

DO If possible, find a book that explains the types of clouds. Then go outside with your family and look up at the clouds. What type of clouds do you see? What kind of weather is coming?

DO Find a quiet place and read today's Bible story together.

READ Read and discuss Jesus' words in John 14:27. Teach the verse to your family.

SING Sing "Master, the Tempest Is Raging!" (*The Church Hymnal*, no. 677). Then thank Jesus for His protection.

S U N D A Y

READ Read and discuss Mark 4:35, 36 during family worship.

DO Ask an adult to help you make a potato boat for each person in your family. (1) Wash the potatoes. (2) Cut them in half. (3) Rub cooking oil all over the potatoes. (4) Put them in the oven. (5) Bake at 400° for 25-30 minutes until golden brown. (6) While they bake, make a paper sail for each potato. (7) Write on each sail: "Do not be afraid." (8) Stick the toothpick through the sails. (9) Stick the sail in the potatoes just before serving.

Jesus loved the people who followed Him, but just like them, Jesus got tired sometimes and needed to rest.



M O N D A Y

READ Read and discuss Mark 4:37 for family worship. Then read Psalm 50:15. What numbers do you dial on the phone for help in an emergency? Write them here: _____

THINK How do you call Jesus when you are having an emergency, or trouble?

PRAY Ask Jesus to protect people who are traveling today. Then thank Jesus for His protection.

T U E S D A Y

READ Read and discuss Mark 4:38 together for worship.

DO Draw and color a picture of a boat on a stormy sea. Write words on the waves that describe how the disciples felt during the storm. Talk about your picture with your family.

DO Write your memory verse on your picture.

W E D N E S D A Y

READ Read and discuss Mark 4:39 for family worship.

SHARE Make a picture of a boat on a calm sea. Write words that describe how the disciples felt after Jesus calmed the storm. Share this with your family.

DO Ask family members to tell about their "storms" and how Jesus helped them.

DO Say your memory verse in your own words.

SING Sing "With Christ in the Vessel" (*Praise Time*, no. 13). Then thank Jesus for caring for your family in storms and quiet times.



T H U R S D A Y

READ With your family read and discuss Mark 4:40, 41. What did you learn from this week's Bible story? Discuss it with your family.

DO Say your memory verse.

DO Find a toy sailboat or make one. Make cardboard, paper, or clay disciples and Jesus. Put them in the boat. Save this for tomorrow's worship.



F R I D A Y

DO Fill a dishpan with water. Place your boat with Jesus and His disciples (made yesterday) in the water. Tell this week's Bible story to your family, using the boat and water. Finish by saying your memory verse.

SING Sing songs of praise to thank Jesus for His care in "stormy" times.

Safe in the Storm

PUZZLE

Directions: No matter how strong the storm is, Jesus is with us and will hear our prayers. Sometimes we focus on the wrong things and forget to trust Jesus. Circle the items that do not belong in the picture.

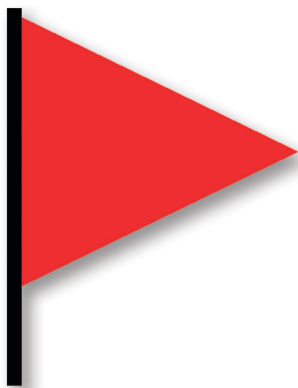




COMMUNITY

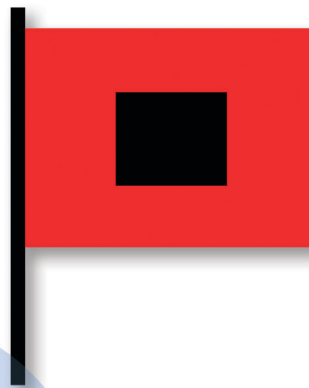
Small Craft Warning

(Winds to 38 miles per hour [MPH]
or dangerous sea conditions)



Storm Warning

(Winds 55-73 MPH)



Gale Warning

(Winds 39-54 MPH)

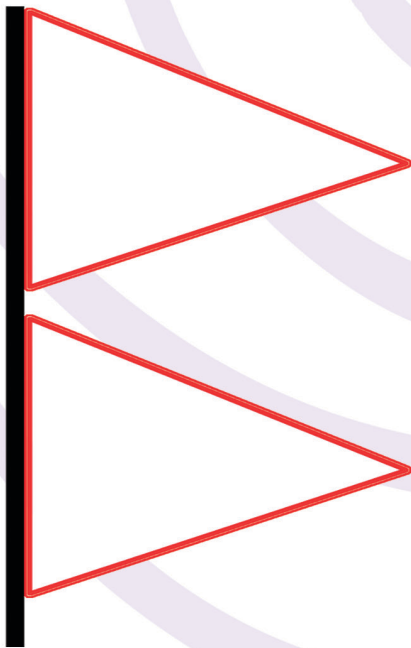
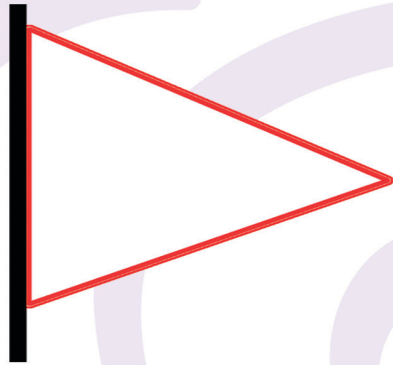
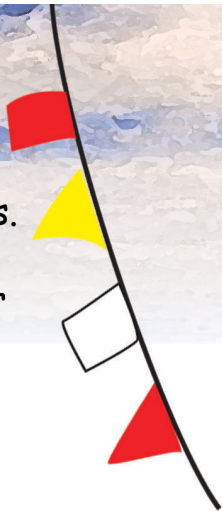


Hurricane Warning

(Winds 74 MPH or more)



Directions: Flags are used to communicate weather conditions to boaters. After studying the examples on the previous page, create flags on this page that would communicate Jesus' love to your community. Use the symbols provided or create your own.



love

truth

communicate
with God

repent

grace and redemption
are ours

